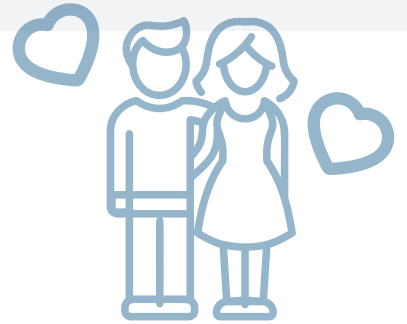


20 INEXPENSIVE date night ideas

DATE NIGHTS BUILD ATTACHMENT

When you experience the commitment of your partner, your sense of being firmly attached will provide you with a satisfying and stable relationship. Dates don't have to be fancy and they sure don't have to cost money. They don't even have to be outside of your home or at night!



1
have a picnic

2
go to the beach

3
cook together

4
netflix + Icecream

5
drive in theater

6
wine tasting

7
tv series marathon

8
bowling

9
painting class

10
brunch + mimosas

11
art gallery

12
bike or hike

13
fun photoshoot

14
recreate 1st date

15
dinner + movie

16
pizza

17
go-cart racing

18
watch the sunset

19
role play

20
karaoke night

20 INEXPENSIVE date night ideas

COMMIT TO TWO DATE NIGHTS PER MONTH. WRITE WHAT YOU DID AND THE DATE. HAVE FUN! :)

1

date: _____

2

date: _____

3

date: _____

4

date: _____

5

date: _____

6

date: _____

7

date: _____

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date: _____

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date: _____